

From 9:00 am to 5:00 am on Sundays, national holidays and during the New-Year's holiday. Tel: 029-254-9900

? If you have any troubles,

 The Ibaraki International Association (public interest incorporated foundation) operates the "Foreigner Consultation" and offers consultation service to foreign residents. Tel: 029-244-3811

Contents of consultation	We receive consultation on legal, labor, Status of residence, marriage and educational matters as well as general tips about your life.						
Date	From Monday to Friday, 8:30am \sim 5:00pm (For free)						
Mon	Tues	Wed		Thu	Fri		
English	English	Fnglich		English	English		
Portuguese (8:30am~12:00am)		English Thai	-	English Tagalog	Thai (8:30am~5:00pm)		
Chinese (1:30pm~5:00pm) Norean	Chinese	Pc	ortuguese	Indonesian (1:30pm~5:00pm)		
If you want to learn Japanese "Namegata Japanese Club" hole Japanese language courses for foreigners. Tel: 0291-35-2186 (Ozawa)							
		D	ate	Every Frid from 7:00			
		Pl	ace	Namegata Communi	a City Kitaura ty Center		
		F	ee	500 Yen (per month)		
				1			



 Please make inquiries at the general information desk at Aso, Kitaura and Tamatsukuri branches.

Case	Various notifications	Necessary documents
When you get married	Notification of marriage (konintodoke)	●Form of notification of marriage ●Certificate of legal capacity to contract marriage (sisued by your embassy or consulate) ●Certificate of birth ●Afidavit of competency to marry ●Certificate of nationality (passport) * Each certificate must be accompanied by a corresponding translation in Japanese. ●Residence card ●Seal
When you get pregnant	Notification of pregnancy (ninshintodoke)	Receive The maternal and child health handbook, and the medical checkup coupons for pregnant women and babies.
When your baby is born	Notification of birth (shusshotodoke) Application for medical aid (marufuku) Application for children allowance(jidoteate)	Certificate of birth Maternal and child health handbook Health insurance card of all sorts Document that shows the bank account number of the householder or other members of the family ● An ID card with facial photo, such as your residence card ● Certificate of income ● Seal
When your family member or you are dead	Notification of death (shibotodoke)	 Certificate of death National Health Insurance Card and National Pension Record Book (If you are affiliated) Document that shows the bank account number of the householder or other members of the family An ID card with facial photo, such as your residence card
lf you get divorced	Notification of divorce(rikontodoke)	Notification of divorce Ocertificate of nationality (passport) Ocertificate of acceptance of notification of marriage, etc. (Certificate that proves that you are married) * Each certificate must be accompanied by a corresponding translation in Japanese. Please contact us, as necessary documents differ according to the type of divorce.

Residence card Passport Moving-in notification Certificate of moving out (issued by the municipality where you lived before moving in) (tennyutodoke) Seal When you (for National Health Insurance move in/ (kokuminkenkohoken) When you just arrived in Japan National Pension National Pension Record Book (if you are (kokuminnenkin) affiliated) iber Water Service(suido) s pi Sewage(gesuido) Residence card If you change Notification of change of National Health Insurance Card and National your address Pension Record Book (if you are affiliated) address(tenkyotodoke) inside the city Seal Residence card If you move Moving-out notification National Health Insurance Card and National Pension Record Book (if you are affiliated) out of the city (tenshutsutodoke) Seal

*As for various notification forms (marriage, divorce, birth and death), first contact your embassy or consulate. *All certificates issued abroad must be accompanied by a corresponding translation in Japanese with the address and name of the translator indicated.

•Your seal is important.

In Japan, we use our seal just like a signature in order to put it on documents to be submitted to the public authorities as well as to receive important postal matter. In such cases, you use a small "mitomein (unregistered seal)." In case you make an important contract, such as when you purchase a house, a piece of land or a car, you will need a "jitsuin (registered seal)" and an "inkanshomeisho (certificate of seal)." In general, you use a relatively large seal that can be less easily falsified for your jitsuin and you register your seal in public authorities like the city office (inkantoroku) in order to use it as "jitsuin."

If you would like to register your seal, please consult your nearby general information desk of the city offices with your seal and residence card at hand.

•You must join a public insurance plan

National health insurance and pension division (Tamatsukuri branch) / Tax division (Aso branch)

Japan has the obligatory national health insurance system under which everyone must be affiliated with a public insurance plan. Except if you are under the specific insurance of your company or if you are considered to be a dependent of your family, everyone living in the city must join the "Namegata City National Health Insurance" plan and pay the premium. If you are not insured, all the medical consultation fees to be paid at hospitals are at your

charge.

For more details, please make inquiries at the division in charge.

•For an application for the insurance and the system, contact the national health insurance and pension division (kokuhonenkinka).

• For the premium of the National Health Insurance, contact the tax division (zeimuka).

• You must join the nursing insurance if you are 40 years old or more

In Japan, all people who are 40 years old or more must be affiliated with the nursing insurance. The nursing insurance is a system that allows those in need of care to benefit from nursing service.

The method of payment as well as the amount of the premium differs depending on the healthcare system you are affiliated with and your income amount.

For more details, please contact the nursing care and welfare division (kaigofukushika).

You must join the pension scheme (National health insurance and pension division (Tamatsukuri branch))

All those who live in Japan and are from 20 to 59 years old must join the National Pension scheme and pay the premium. You will receive a certain amount of money when you get old, as well as when you get handicapped or die. For more information, please contact the national health insurance and pension division (kokuhonenkinka).

You must declare your income of the previous year Tax division (Aso branch)

In Japan, you must make a declaration of the income that you earned between January and December of the previous year. The amounts of the resident tax, as well as the premiums of the National Health Insurance and the National Pension scheme will be calculated on the basis of the income declared. You must declare income even if you do not have income. Exemption may apply. Namegata City sends announcement letters on tax declaration around January every year.

For more details, please contact the tax division (zeimuka).

• If you have a low displacement car, a motorized bicycle and so on

Évery year on April 1st, the low displacement car tax is imposed on those who possess a low displacement car and so on.

For more details, please contact the tax division (zeimuka).

It is obligatory to pay taxes Payment division (Aso branch)

In Japan, payment of the tax is an obligation set by the State.

You will receive notice of the taxes to pay for the year as well as the corresponding tax payment slips for such taxes as the resident tax, the National Health Insurance premium, the low displacement car tax and the fixed property tax from the tax division. Do not forget to pay them in time.

For more details, please contact the payment division (shunotaisakuka).

 You need to complete formalities before starting to use water supply and sewage (Water supply division (tzumi water distribution station, Namegata City) / Sewage division (Tamatsukuri branch)

You need to take necessary steps at the general information desk before starting to use water supply and sewage.

For more information, please contact the division in charge. •Water supply division (suidoka) Tel: 0299-55-1108 •Sewage division (gesuidoka) Tel: 0299-55-0111

Take out the garbage on fixed days [Environment division (Kitaura branch)]

We organize waste collection on fixed days. Please refer to the "Garbage separation calendar", as the collecting days as well as the methods of sorting out are different depending on the types of garbage.

For more details, please contact the environment division (kankyoka).

About childcare and schools in Japan



Foreign residents can benefit from childcare support and education just as Japanese people do if they wish.

When you have a baby (Health improvement division (Kitaura health center) Tel: 0291-34-6200

Pregnancy means that you have a baby inside your body. When you are told at a hospital that you are pregnant, submit the "notice of pregnancy" to the city office and receive the "maternal and child health handbook". This handbook is intended to record the health conditions of the pregnant mother as well as the growth of the child until his or her entry into elementary school.

We also issue medical checkup coupons for pregnant women and babies. Take medical checkup regularly so that you can deliver your baby in a safe and secure manner. The health center also holds maternity courses.

If you have anxieties related to childcare, please contact the health improvement division (kenkozoshinka).

•From birth to entry into elementary school

	Age	Family Nursery School		Kindergarten	Vaccinations	Medical check-up	
Pre-school period	0					 Hib (2 months to less than 5 years old) Pneumococcus (2 months to less than 5 years old BCG (3 months to less than 6 months old) DPT-IPV (3 months to less than 7 years and 6 months old) MR (First vaccination: 1 year old to less than 2 years old) 	year and 6 month old infants •Dental check-up for 2-year-
ā	3				1	•First vaccination against Japanese encephalitis (3 years old to less than 7 years and 6 months old)	 Medical check-up for 3-year-old infants Other health consultations
	6					•MR (Second vaccination: during the 1 year preceding entry into elementary school)	Other health consultations

*The health improvement division will send you notice on vaccinations and other information.

• Nursery School Child welfare division (Tamatsukuri branch) * From April 1st, 2014

Nursery schools take care of children from the first year of birth until entry into elementary school.
You can use a nursery school if you cannot look after your children, for example because both parents work or are sick.

•On weekdays, we look after children from 7 am until 6 pm. Holiday childcare and prolonged nursery service differ among different nursery schools.

•Fees for day care differ depending on the age of the infant and the amount of parents' income. •For more information, please contact the **child welfare division (kodomofukushika)** of the city office.

Kindergarten School education division (Kitaura branch)

•Kindergartens take care of children from 5 years of age until entry into elementary school. •Children learn basic lifestyle habits and relationship with friends by living in a group

 Kindergartens open their gates between 8:30 to 9:00 am and closes between 2:30 and 3:00 pm (starting and closing hours vary slightly among kindergartens).

•You must pay a certain amount of money for kindergarten registration and tuition fees. The amounts may vary depending on the household income. (Exemption may apply).

A meal (school lunch) is served at noon. The fee is around 4,000 yen per month.
There is no class on Saturdays, Sundays, national holidays as well as during year-end and New Year's holidays. There are spring, summer and winter vacations.
There are both public and private kindergartens.

•For more information, please contact the school education division (gakkokyoikuka).

Years of schooling in Japan

In Japan, the mandatory education continues for 9 years and starts at the age of 7 (from the beginning of the first school year following the 6th birthday of the child) and ends at the age of 15 (at the end of the school year during which the child reaches 15 years of age). During this period, parents and guardians must have their children receive mandatory education. Mandatory education takes place at elementary and junior-high schools as well as at special support education schools, and the tuition is free. Foreigners can also receive education for this period for free if they want to (you have to pay for school lunches and supplies).

	handatory			Sch	ool	After s	school	Organizations in which you will be involved after entry into school
		Age	Elementary school		Junior high school	After-school children club		●PTA ●Education association
ndatory education		7						Children's association
		12		7			7	
	cation	15			+			

Elementary and junior high school (School education division (Kitaura branch))

•When your child reaches the age of entry into elementary or junior high school and you want him or her to receive education there, submit the "request of education at school" to the education committee and wait for the "study permit" to be sent by the city office. After that, you complete entrance formalities by carrying out specified procedures.

•School starts at 8:00 am (slightly different among schools). School ends at different hours depending on the day of the week and the grade.

•A meal (school lunch) is served at noon. The fee is around 4,000 yen per month.

•There is no class on Saturdays, Sundays, national holidays as well as during year-end and New Year's holidays. There are spring, summer and winter vacations.

•The "year" corresponds to the period between January and December, and the "school year" is a period from April to next March. At school, the "school year" is used as the unit for the year.

There is a system that allows part of the schooling expenses to be borne by the city when it becomes difficult for children to attend school due to the economic conditions of the family.

•For more information, please contact the school education division (gakkokyoikuka).

• About the after-school children club (Child welfare division (Tamatsukuri branch) * From April 1st, 2014

The club takes care of children who cannot be looked after properly after school due to such reasons as parents' work, illness and care for elderly people, for example at an elementary school inside the city.
The childcare service is offered from the school closing time until 6:30 pm from Monday to Friday, as well as from 8 am to 6:30 pm on Saturdays.

•For more information, contact the child welfare division (kodomofukushika).

We encourage everyone during childcare!

Health improvement division (Kitaura Health Center) / Child welfare division (Tamatsukuri branch)

If you have any problems about childcare, do not hesitate to contact the following divisions.

Content	Main program	Inquiries	
Children' s growth and development	Hello baby consultation / Baby food class, etc.	Health improvement division	
Developing contact between parents and children	Classes for parents and children/ Sutomikku class	Child welfare division	

Moral in Japan

Points to keep in mind in daily life

Be careful not to make a noise.

• Do not speak loudly or hear music loud at night.

Respect the rules for taking our garbage.

- •Take out the garbage on fixed days of the week at a specific place. • Sort out burnable, non-burnable, harmful and recyclable garbage.
- •Put the garbage in the paid garbage bags specified by the Namegata City.
- •Ask specific dealers to collect air-conditioners, TVs, refrigerators and washing machines. You will have to pay the recycling fees.

Respect traffic rules when you take a bicycle.

- It is forbidden for 2 people to ride on the same bicycle at the same time.
- •As is the case with cars, it is also forbidden to ride a bicycle under the influence of alcohol.
- Bicycle must in principle drive on the roadway.

Other manners

- Do not litter cigarette butts.
 Do not spit out chewing gums and saliva on roadsides.
- •Do not walk outside when you are naked. •You must get naked when taking a bath and wear a bathing suit when entering the swimming pool.
- •Enter the bathtub after washing yourself. •The slippers put on the lavatory are for exclusive use there.
- Take off your shoes at the entrance of the house.





1 Hobikisen (Net fishing sail boat) This is a sail boat used for a fishing method that was employed for around fifty years. Although they stopped operating hobikisen in late 1970s, they now operate one on Saturdays, Sundays and national holdays between September and November for sightseeing purpose.





8 Ibaraki Prefectural Shirahama Youth Nature House Located on the high ground overlooking Lake Kitaura, the Nature House is an accommodation where you can enjoy nature through such activities as camping, field athletics and orienteering.

Tamatsukuri Niji-no-tou (rainbow tower), rising high near the Kasumigaura Ohashi Bridge, is the symbol of the Kasumigaura Fureai Land which can be seen even from far away. In addition, Shinsui Koen (water park) and Mizu no Kagakukan (museum of water science) are located on the premises.

5 Tennozaki Park



Koterasu You will be able to enjoy a moment of relaxation with the panorama of Lake Kasumigaura. ititiat

6 Aso Onsen Shirahonoyu

(hot spring spa complex)

(tourist emporium) Koikoi

We sell vegetables and processed products of Namegata City. We also carry out tourism promotion





List of contact addresses

	Name	Address	Telephone number	Remarks
Emerg	Namegata Police Station	1723Aso	0299-72-0110	Emergency number:110
ency	Namegata Fire Department	1101-38 Obata	0291-35-0119	Emergency number:119
	Namegata City Office (Aso branch)	1561-9Aso	0299-72-0811	General information desk/ Tax division/ Payment division/ Accounting division/ General affairs division/ Finance division/ Secretarial division/ Policy planning division
City	Namegata City Office (Kitaura branch)	2564-10 Yamada	0291-35-2111	General information desk/ School education division/ Environment division/ Commerce, Industry and Sightseeing Section/ Agriculture, forestry and fisheries division/ Agricultural committee/ Sport promotion division (inside Kitaura gymnasium)
City office and related	Namegata City Office (Tamatsukuri branch)	404 Tamatsukuriko	0299-55-0111	General information desk/ National health insurance and pension division/ Social welfare division/ Child welfare division (from April 1st, 2014)/ Nursing care and welfare division/ Urban construction division/ Sewage division/ Water supply division (Izumi water distribution station)
lated	Kitaura Health Center	3282-10 Yamada	0291-34-6200	Health improvement division Vaccination, health consultation and so on
faci	Aso Community Center	1221Aso	0299-72-1573	Holds various courses
facilities	Kitaura Community Center	2175Yamada	0291-35-3777	Lifelong learning division / various courses
S	Tamatsukuri Community Center	1179 Tamatsukuriotsu	0299-55-0171	Holds various courses
	Library	1175 Tamatsukuriotsu	0299-55-1495	
	Environment Beautification Center	3268-14Aso	0299-72-2413	Carrying in garbage
Kinc	Aso Kindergarten	1147-1Aso	0299-72-0530	*To be unified during the school year 2014 $$
lerga	Kitaura Kindergarten	1281Yamada	0291-35-2038	
Kindergartens	Tamatsukuri Kindergarten	4175 Tamatsukuriko	0299-55-0281	
	Aso Nursery School	3323-10Aso	0299-72-0522	
	Ryushoji Nursery School	99Negoya	0299-73-3101	
Z	Children's Home Sumirenosono	615-4Aso	0299-77-1766	
Irsei	Kitaura Nursery School	309-1Nakane	0291-35-3141	
Nursery schools	Nozomi Nursery School, Center for Early Childhood Education and Care	3418-4 Yamada	0291-35-2550	
ools	Tamatsukuri Daiichi Nursery School	1027-1 Tamatsukuriotsu	0299-55-3631	
	Tamatsukuri Daini Nursery School	481Sairenji	0299-56-0710	
	Tamatsukuri Daisan Nursery School	1652-5 Serizawa	0299-55-1224	
Ē	Aso Elementary School	1147-1Aso	0299-72-0049	
eme	Aso-higashi Elementary School	549 Kurakawa	0299-80-7701	
enta	Tsusumi Elementary School	212Hanjo	0291-35-2869	
ry s	Kaname Elementary School	940Obata	0291-35-2773	*To be unified during the school year 2016
Elementary schools	Takeda Elementary School	1598Uchijuku	0291-35-2571	J
	Tamatsukuri Elementary School	3200 Tamatsukuriko	0299-56-4040	*To be unified during the school year 2014
Junic	Aso Junior High School	327-3Minami	0299-80-8070	
pr hig	Kitaura Junior High School	390Uchijuku	0291-35-2161	
Junior high schoc	Tamatsukuri Junior High School	2807 Tamatsukuriko	0299-55-0131	
5	Kitaura San-iku Junior High School	895Narita	0291-35-2131	

List of medical institutions

Name	Address	Telephone number	Remarks
Namegata District General Hospital	98-8 Inouefujii	0299-56-0600	
Asakura Clinic	1110-1 Aso	0299-72-0036	
Onuma Clinic	1105-2 Aso	0299-72-0388	
Kenmochi Surgical Clinic	1555-4 Aso	0299-72-0805	
Hanyu Clinic	1118 Aso	0299-72-0300	
Tsubasa Clinic	1511 Shimanami	0299-72-2830	
Aso Clinic	353-24 Igai	0299-80-8005	
Kitaura Clinic	1146-7 Yamada	0291-35-2500	
Kanatsuka Clinic	3125 Tega	0299-55-0556	
So Internal Medicine Clinic	510-3 Tamatsukuriko	0299-36-2611	
Nemoto Dermatology Clinic	414-3 Tamatsukuriko	0299-55-0538	
Hanawa Clinic	5985 Tamatsukuriko	0299-55-4100	
Yamaguchi Dental Clinic	433 Kurakawa	0299-73-2241	
Araida Dental Clinic	75 Aso	0299-72-0211	
Hirooka Dental Clinic	1122 Aso	0299-72-0128	
Isaka Dental Clinic	4466 Tamatsukuriko	0299-55-4182	
Hosui Dental Clinic	1263 Tega	0299-55-0572	
Miyamoto Dental Clinic	4473 Tamatsukuriko	0299-55-0537	
Takano Dental Clinic	6866-2 Tamatsukuriko	0299-55-2911	
Midorigaoka Dental Clinic	6534-10 Tamatsukuriko	0299-55-3135	
Chigasaki Dental Clinic	612-1 Obata	0291-35-1727	
Taiyo Namegata Dental Clinic	1265 Shiroku	0299-73-0016	
	Namegata District General HospitalAsakura ClinicOnuma ClinicKenmochi Surgical ClinicTsubasa ClinicAso ClinicKitaura ClinicSo Internal Medicine ClinicNemoto Dermatology ClinicHanawa ClinicYamaguchi Dental ClinicHirooka Dental ClinicIsaka Dental ClinicMiyamoto Dental ClinicMidorigaoka Dental ClinicChigasaki Dental Clinic	Namegata District General Hospital98-8 InouefujiiAsakura Clinic1110-1 AsoOnuma Clinic1105-2 AsoKenmochi Surgical Clinic1555-4 AsoHanyu Clinic1515-4 AsoTsubasa Clinic1511 ShimanamiAso Clinic353-24 IgaiKitaura Clinic1146-7 YamadaKanatsuka Clinic3125 TegaSo Internal Medicine Clinic510-3 TamatsukurikoNemoto Dermatology Clinic414-3 TamatsukurikoYamaguchi Dental Clinic5985 TamatsukurikoYamaguchi Dental Clinic1122 AsoIsaka Dental Clinic1122 AsoIsaka Dental Clinic1263 TegaMiyamoto Dental Clinic4473 TamatsukurikoTakano Dental Clinic6866-2 TamatsukurikoMidorigaoka Dental Clinic6534-10 TamatsukurikoChigasaki Dental Clinic612-1 Obata	Namegata District General Hospital 98-8 Inouefujii 0299-56-0600 Asakura Clinic 1110-1 Aso 0299-72-0036 Onuma Clinic 1105-2 Aso 0299-72-0388 Kenmochi Surgical Clinic 1555-4 Aso 0299-72-0300 Tsubasa Clinic 1118 Aso 0299-72-0300 Tsubasa Clinic 1511 Shimanami 0299-72-0300 Tsubasa Clinic 1511 Shimanami 0299-72-2830 Aso Clinic 353-24 Igai 0299-72-0300 Kanatsuka Clinic 3125 Tega 0299-80-8005 Kitaura Clinic 3125 Tega 0299-55-0556 So Internal Medicine Clinic 510-3 Tamatsukuriko 0299-55-0538 Nemoto Dermatology Clinic 414-3 Tamatsukuriko 0299-55-0538 Hanawa Clinic 5985 Tamatsukuriko 0299-72-0211 Yamaguchi Dental Clinic 433 Kurakawa 0299-72-0211 Hirooka Dental Clinic 122 Aso 0299-55-4182 Isaka Dental Clinic 1263 Tega 0299-55-0537 Miyamoto Dental Clinic 1263 Tega 0299-55-0537 Miyamoto Dental Clinic 4473 Tamatsukuriko<

*Please contact the clinic in advance if you would like to consult the doctor.

Why not go out comfortably by a share taxi?

Namegata City Office operates share taxi service called "Namegata Fureai-go."

Although its area of operation is limited to inside Namegata City, the service takes you where you want to go whenever you want.

The fare is 500 yen per service, so do not hesitate to use it.

However, we remind you that you need to complete a simple advanced registration before using the service.

For more information, please contact the Namegata City Social Welfare Council (shakaifukushikyogikai).

[Service schedule] From Monday to Friday (not operating on Saturdays, Sundays, national holidays and year-end and New Year's holidays (December 29 to January 3)

[Service fee] 500 yen per service (Junior high school students and older) [Contact address] Namegata City Social Welfare Council Tel: 0299-36-2020

Namegata City has organizations named "administrative districts" in order to carry out cleaning of streets and to bring mutual aid, for example. If you become a member of one of them, you will receive city bulletins from the community. If you are interested in joining one, please consult the leader of your district or a local welfare commissioner. Contact address: General affairs division(Aso branch)

How to take out household garbage correctly Please cooperate with us to reduce garbage volume and promote recycling!

